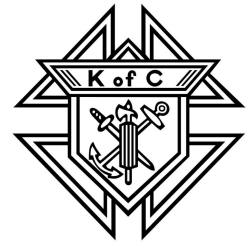


# Pine Cone Council Knights of Columbus NEWSLETTER



*March & April 2024*

## Activities

### March

- 1st, 8th, 15th, 22nd,** Fish Chowder at St. John's after the 5:30 Mass
- 2nd** Pancake Breakfast for Sacramental Preparation program 7:30 - 10:30 AM \*
- 5th** Monthly Membership Meeting; Rosary in church 5:00 PM; Officers Meeting at 5:30 PM; Dinner 6:00 PM and Meeting to start immediately after meal \*
- 9th** Bowl-A-Thon, see Page 6
- 12th** 4th Degree Monthly Meeting, 6:30 PM \*
- 16th** St. Patrick's Day Supper, see Page 6
- 17th** Parish food collection after all Masses
- 19th** Potluck/Game Night 6:00 PM St. Mary's Church
- 28th** Salvation Army Soup Kitchen
- 28th** **Holy Thursday**
- 29th** **Good Friday**
- 31st** **Easter Sunday** & 5th Sunday Rosary

### April

- 2nd** Monthly Membership Meeting; Rosary in church 5:00 PM; Officers Meeting at 5:30 PM; Dinner 6:00 PM and Meeting to start immediately after meal \*
- 6th** Pancake Breakfast for Sacramental Preparation program 7:30 - 10:30 AM \*
- 6th** Exemplification of Charity, Unity & Fraternity following the 4:00 PM Mass at St Joseph's Church
- 9th** 4th Degree Monthly Meeting, 6:30 PM \*
- 16th** Potluck/Game Night 6:00 PM St Mary's Church
- 21st** Parish food collection after all Masses
- 25th** Salvation Army Soup Kitchen
- 27th** Paul Cormier Memorial Blood Drive at St. Mary's Church

\*= At St. Joseph's Hall

**Electronic Newsletter** View this and past issues on your computer or smart phone at <https://www.bangorkofc.org/newsletter>



## Grand Knight's Column

By Walter Shannon

As I write to you we have just entered Lent. As we begin this season, we are reminded of the three pillars of Prayer, Fasting and Almsgiving. Let us come closer to the Lord in prayer by attending Mass and taking advantage of the many other opportunities we are presented over these 40 days. Let us practice self-control through fasting and let us serve others by giving alms. Let us take every possible opportunity presented to us during Lent to prepare ourselves to celebrate the Resurrection of the Lord on Easter Sunday, March 31.

Thankfully, we offer many activities that reflect our member's almsgiving. In January, our Spaghetti Supper raised \$9600 for Brother Matthew Florey and family. In February, our Bean Supper raised \$2500 to fund Matthew Valles' ordination reception later this year. Thank you all for your help and generosity!!

At our monthly business meeting in February, our Worthy Chaplin Fr. Murray asked us to prepare ourselves for Lent. He spoke of the Eucharistic Revival and the struggles at our southern border. He asked us to pray for those on the other side of the political spectrum so that we may again be "One Nation Under God, Indivisible, with Liberty and Justice for All."

Our Parish Facilities Director, Tim MacKay has asked if our council could assist with manpower for cleaning all the church grounds once the snow melts this spring. Stay tuned for more details to follow.

Next, I have received a letter from Monsignor Dubois asking that our council take a leadership role with two projects of significance for our faith community.  
(Continued on Page 2)

# Grand Knight's Column

*(Continued from Page 1)*

First, in observance of the National Eucharistic Revival, Monsignor is looking for our council to organize a Eucharistic Procession: plan, promote and implement the procession from St. Joseph Church in Brewer to St. John Church in Bangor on Saturday June 1, 2024. Second, in observance of the upcoming ordination of Deacon Matthew Valles to the priesthood of our Lord Jesus Christ on Saturday, June 29, 2024 at St. John Church, the Fourth Degree will be asked to participate during the ordination, and Council 114 is being asked to financially support the post ordination Mass reception to be held in the St. John Church hall as well as to prepare a tented reception area in the courtyard between the hall and rectory for overflow seating during the reception. I will be meeting with Monsignor soon to review these items and look forward to enlisting my Brother Knights to help accomplish these two projects.

May each of you have a fruitful Lent so we as a council may continue to accomplish the work of Our Lord Jesus Christ through Unity, Charity and Fraternity.

## Not Receiving Email Communications?

Brother Knights, if you are not receiving the local Pine Cone Council email communications, please sign up at this web site. <http://eepurl.com/dnKRg5>. We have 38 Knights that are unsubscribed and not receiving these emails and 51 that have invalid emails. Could one be yours? This will not affect your ability to receive newsletters...newsletter will continue to be mailed every two months. Also please email Worthy Financial Secretary, Jamie Berube at [jamielivant@yahoo.com](mailto:jamielivant@yahoo.com) to update your Knights Contact information.

### Legislative Resource Links

- [https://www.maine.gov/portal/governme nt/edemocracy/voter\\_lookup.php](https://www.maine.gov/portal/governme nt/edemocracy/voter_lookup.php)
- <http://mainerighttolife.org/>
- <http://cclmaine.org/>

# Life Committee Report

By Rey Dubois, Chairperson

As much as I dread the many political commercials and turmoil that is starting, I also see 2024 as an opportunity for political and social improvements. It might be better to call it a chance to return to self-respect, respect for our neighbors, and civility within society.

I had the opportunity to go to Augusta for the Jan 22, 2024 Judiciary Committee hearing on LD 780, which seeks to enshrine abortion as an actual RIGHT in the Maine Constitution. The usual presenters were there, on both sides of the issue. My 2-minute presentation asked the Committee members to vote along MORAL lines instead of PARTY lines. I was asked "what it means to vote along moral lines."

Two weeks later, after the work session, the committee vote came down as 6 "ought to pass" and 5 "ought not to pass." LD 780 will now go to the Senate and House, where a 2/3 vote is needed to send the referendum out to the voters of Maine. HERE'S WHERE YOU CAN HELP!

1. Contact your legislators in person, by phone, by letter, by email, or by text. If you don't know who they are or need contact info, search the internet (Maine.gov/voter information lookup) or look at the separate info in this newsletter.
2. Write an editorial letter to the BDN or other media outlet.
3. Seek out and support, financially or physically, those candidates who will vote to support your views.
4. Run for office! (Most Senate and House seats are currently unopposed!...so the same group of legislators is likely to be voted back in, and you'll get more of the same!)

REMEMBER, if you want a return to respect for human lives and a return to civility, do something about it!

# Knights of the Eucharist

(Adapted from

<https://www.kofc.org/en/resources/marketing/eucharistic-revival.pdf>)

*The Eucharist is the source and summit in the life of a Knight. The more we devote ourselves to the Eucharist, the more we will understand what it means to be a Knight.*

– Supreme Knight Patrick Kelly

The Bishops of the United States have invited all US Catholics to return to the source and summit of our faith in the celebration of the Eucharist. As Knights, we should respond to this call for a National Eucharistic Revival, which "...is a movement to restore understanding and devotion to this great mystery... by helping us renew our worship of Jesus Christ in the Eucharist" (eucharisticrevival.org).

All Knights are encouraged to find ways to participate in this revival. The following are some of our recommendations. For more information, visit <http://kofc.org/eucharist>.

- **Sacrifice for Our Lord and the Revival:** abstain from meat on Fridays as a form of penance,
- **Pray with Our Lady:** Pray the Rosary the 12th of each month (in honor of Our Lady of Guadalupe 12/12 and Blessed McGivney's birthday 8/12) for the success of the Revival and an increase in devotion to Christ in the Eucharist
- **Prepare your heart:** Arrive 10-15 minutes early to each Mass to contemplate Jesus' gift of himself
- **Give thanks:** Offer 5 minutes of prayerful praise after each Mass and pray the *Anima Christi*.
- **Be with Our Lord:** Spend 30 extra minutes every week outside of Mass sitting or kneeling before the Blessed Sacrament.
- **Attend Daily Mass:** On days you cannot, make an act of Spiritual Communion.

Talk with your pastor / chaplain / clergy to see how you can help with Adoration or other Eucharistic activities, and consider praying a Novena to the Holy Spirit to support the National Eucharist Procession.

# Liturgical Calendar

Mar. 17 St. Patrick, Bishop  
Mar. 19 St. Joseph, Spouse of Blessed Virgin  
Mar. 24 **Palm Sunday**  
Mar. 28 **Holy Thursday**  
Mar. 29 **Good Friday**  
Mar. 30 **Holy Saturday**  
Mar. 31 **Easter Sunday**  
Apr. 7 2nd Sunday of Easter  
Apr. 8 Annunciation of the Lord  
Apr. 11 St. Stanislaus, Bishop and Martyr  
Apr. 14 3rd Sunday of Easter  
Apr. 21 4th Sunday of Easter  
Apr. 25 St. Mark, Evangelist  
Apr. 28 5th Sunday of Easter  
Apr. 29 St. Catherine of Siena, Doc. of the Church

# Matt Florey Fundraiser

In January, the Council held a Spaghetti Dinner Fundraiser for the benefit of Matt Florey and his family (wife Stephanie and son Noah). Matt is suffering from a terminal case of cancer and is currently in hospice care. Brothers Keith Forbes and Dave Ferguson presented the raised funds (\$9,600 from the dinner and \$200 from the Women's Council) to Stephanie. Please pray for Matt and his family during their struggles.



# Good Friday Promotion

By EJ Hikel, Family Committee Chairperson

## Overview

Despite Good Friday's central role in the heart of Christianity, attendance at services remains low. In an effort to change this, Supreme has asked councils to encourage participation in Good Friday services through a promotional campaign. Setting an example for their community, Knights will attend Good Friday services with their families and work with their pastors to encourage increased parishioner involvement at these liturgies. In conjunction with these efforts, councils will also work to educate their parishes about the plight of Christians in the Holy Land.

## A Higher Purpose

Our goal is to bring families into a more robust practice and better understanding of our Catholic faith and the Triduum. In an effort to increase parish attendance and involvement, Pine Cone Council will conduct a promotional campaign to educate their parishes on the vital importance of Good Friday.

We are working with Msgr. Dubois to see how we can help. This may include:

- Fish chowder Fridays in Lent
- Posters encouraging attending Good Fridays
- Brother Knights commitments to attend all Good Friday service

## Calling All Knights

March 29th is Good Friday. Which mass are you going to? Who can you invite to go with you? Can you volunteer to serve or clean up with any of the Fish Chowder Fridays?

# Community Committee Report

By Jeff Schaller, Chairperson

Brothers, I hope that everyone is doing well so far this winter and that your Lenten Season is off to a good start.

First, our monthly food drives have been really good every month. It is so nice to see the generosity throughout the Parish. If anyone needs help at any of the churches either collecting the donations or delivering them to the respective food pantries, please feel free to get in touch with me.

Next, Brother Dave Carmack is organizing 2 projects with First Step Pregnancy Center, which is expanding their office space in order to provide additional services. The first project is painting two new office spaces. Dave thinks this will take 2 days. The dates will be announced once all the materials are delivered. If you plan to help, please bring any indoor painting gear you have. Lunch and drinks will be provided both days. The second project involves installing vinyl 'click' flooring in the new spaces. Prep work for this project has already been done by Dale Plourde, but he informed us that he is leaving the area for a while and will not be able to help install the flooring. He was also told that the flooring will not be in for a couple more weeks. Please stay tuned for some email announcements on the dates of this project.

Finally, I am in the process of sending out some feelers to see if anyone would be interested in meeting weekly, biweekly, or even monthly as Brother Knights to take on some Parish-wide projects which don't need to be done 'yesterday', but can be done over extended periods. I have been meeting with Tim McKay and he has an endless Parish To-Do list. He is not looking for this group to take on the pressing projects, but he is looking for help on the small tasks that regularly pile up. My idea was that a group of us could meet on a given morning at Bagel Central (or other establishment) and then go and work for a couple hours on 'some task' on that list. I will bring this topic up at our next monthly meeting to generate some conversation.



**Special Olympics check presentation.**



**Camp Capella check presentation.**



**January Family of the Month - Deacon Tim and Lisa Dougherty. Thanks for all you do!**

# Family and Knight of the Month

Please congratulate Deacon Mike and Cheryl Whalen for being awarded Family of the month for December, and Deacon Tim and Lisa Dougherty for being awarded Family of the month for January.

Also, please congratulate Jim Vashon for being awarded Knight of the month for December and Dale Plourde for Knight of the month for January.



**January Knight of the Month - Dale Plourde.**  
Thanks for all that you do!

## 7th Annual Bowl-A-Thon!

Join the 7th Annual KofC Bowl-A-Thon to benefit the Shepherd's Godparent Home and the First Step Pregnancy Center!

**When:** March 9th @ 12 Noon

**Where:** Family Fun Bowling Center,  
15 Hildreth St., Bangor, ME

**Cost:** \$20/person (\$10/child), cash/check only,  
for 3 games.

**Plus:** Prizes for strikes and colored pins, a raffle,  
and a dessert table (looking for donations, please).

Please sign-up / reserve a lane early. Call Keith at  
735-4131 or email him at keithforbes4@gmail.com.



**December Knight of the Month - Jim Vashon.**  
Thanks for all that you do!

## Irish Supper Celebration!



Eat, sing, be merry, and that ain't no blarney!!! Enjoy a traditional Irish Feast prepared by the Knights of Columbus with musical entertainment by parishioners

**When:** Saturday, March 16, after the 4:00 Mass

**Where:** St. John's Church Hall

Adults \$15.00 • Kids \$7.00 • Tickets on sale after Masses on March 9 & 10 or in the parish office through March 15 or call Keith Forbes. 735-4131 to reserve a seat or table

## Eucharist Adoration

If you are looking for an opportunity to grow closer to Our Lord, Jesus Christ? Then consider Adoration.

The parish has opportunities available in the Adoration Chapel at St. Mary's church. Please reach out to Brother Spike Brimmer for more details.

# Please Thank & Patronize Our Advertisers

<p><b>Hardy Orthodontics</b>          Dr. Lou Hardy          Dr. Jameson Hardy  <i>"Your Hometown Braces &amp; Invisalign"</i>          766 Stillwater Ave.          Bangor, ME 04401</p>	<p><b>McLaughlin Seafood, Inc.</b>  <i>Functional and Fine Lobster Gifts</i>          728 Main St. Bangor          Tel. 942-7811</p>	<p><b>State Farm Agent</b>  <b>Doug Guerrette</b>          1723 Hammond St. Hermon, ME          Auto Fire &amp; Life          Tel. 207-947-4579  <a href="mailto:doug@insurebangor.com">doug@insurebangor.com</a></p>
<p><b>Hermon Golf, Inc.</b>  <i>Golf Club, Townhouses &amp; Apts.</i>  <b>John Snyder, President</b>          231 Billings Road Hermon          Tel. 207-848-3741 Cell 207-266-3830</p>	<p><b>Starr Electrical Services</b>  <b>Peter W. Starr, Owner</b>          Master Electrician since 2009          Residential/Commercial/Industrial          Tel. 207-551-5196 Free Estimates</p>	<p><b>LaBree's Bakery</b>  <b>Since 1948</b>          Monday thru Friday 6 AM to 4 PM          Old Town, Maine          Tel. 827-6121</p>
<p><b>Robert Stutzman</b>  <b>Master Technician</b>  <b>Pest Control Services</b>          Residential and Commercial  <b>Tel. 207.848.2888</b></p>	<p><b>The Snowman Group</b>  <i>Printing and Mailing</i>          1 Printer's Dr. Hermon, ME 04401          Tel. 207-848-7300 Fax 207-848-7300</p>	<p><b>Kiley &amp; Foley</b>  <b>Funeral Service</b>  <b>Joseph P. Kiley</b>          69 State St. Brewer 989-3311          299 Union St. Bangor 942-0392</p>
<p><b>Brookings-Smith</b>  <i>"Celebrating the Dignity of Life"</i>          133 Center St. Bangor, ME 04401          Tel. 207-942-8815  <a href="http://BrookingsSmith.com">BrookingsSmith.com</a></p>	<p><b>Fairmount Market</b>          662 Hammond St.          Bangor, ME 04401  <b>Tel. 947-7338</b></p>	<p><b>The Henry's</b>  <b>Bridal &amp; Tuxedo Shop</b>          Penobscot Plaza, Bangor, ME          Tel. 947-0701  <a href="http://www.bangorbridal.com">www.bangorbridal.com</a></p>
<p><b>Guernsey Monuments</b>  <b>Quality Work at a Fair Price</b>  <b>995 State St., Bangor</b>  <b>Tel. 951-6743</b></p>	<p><b>Falvey's Family Tree Landscaping</b>          1650 Stillwater Ave., Bangor 04401          Stone Walls/Paver Walkways          Hydroseeding/Lawn Care/Flowers          Tree Work &amp; Snow Plowing  <b>Tel. 207-478-9300</b></p>	<p><b>Sprague's Nursery &amp; Garden Center</b>  <b>1644 Union St. Bangor</b>  <b>Tel. 942-1394</b></p>
<p><b>Dead River Company</b>  <i>Reliable Deliveries</i>  <i>Responsible Service</i>  <b>989-2770 www.deadriv.com</b></p>	<p><b>Gregory P. Kramer, D.M.D, P. A.</b>          General Dentistry          700 Mt. Hope Ave. Suite 682 Bangor  <b>Accepting New Patients</b>  <b>Tel. 941-9885</b></p>	
<p><b>N. Lawrence Willey, Jr.</b>  <b>Ezra A. R. Willey</b>  <b>Attorneys at Law</b>          15 Columbia S., PO Box 924          Bangor, ME 04402-0924  <b>Tel. 207-262-6222</b></p>		<p><b>Annual Cost for Business Ad \$50</b>  <b>Patron \$10</b></p>
<p>John &amp; Jean Barry          Brett &amp; Gayle Baber          William &amp; Catherine Bennett          Jamie &amp; Danielle Berube          Michael &amp; Ann Caruso          David &amp; Rachel Ferguson</p>	<p><b>Patrons</b>          Keith &amp; Barbara Forbes          Frank &amp; Jeanette Jordan          Jimmy and Linda Landers          Richard &amp; Ann-Marie Madore          Lucien Michaud</p>	<p>Robert &amp; Roxine Miller          Joseph &amp; Theresa Pickering          Dale &amp; Glenda Plourde          Gerry &amp; Pilar Thibodeau          Walter &amp; Kathleen Kamyk          Mrs. Helena Cyr</p>

**Pine Cone Council #114  
Officers 2023-2024**

Grand Knight	Walter Shannon	745-3854
Dep. Grand Knight	Jeff Schaller	852-1535
Chaplain	Fr. Frank Murray	576-0797
Chancellor	Jacob Marquis	620-0419
Financial Secretary	Jamie Berube	745-7315
Treasurer	Edward Hikel	852-7071
Recorder	David B. Carmack	356-0391
Advocate	Brett D. Baber	947-1408
Warden	Timothy Achorn	478-5956
Outside Guard	Kris Clark	307-7603
Inside Guard	A James Vashon	478-2189
Lecturer	David Simmons	735-5222
Trustee - 3rd Year	Peter Starr	356-8691
Trustee - 2nd Year	Keith Forbes	990-2227
Trustee - 1st Year	James Landers	947-7458
District Deputy	Daniel Modrusan	385-5547
State Deputy	Jon Harvey	991-0513

K of C Insurance Field Agent - Sam Weiss 207-691-2740  
Email: sam.weiss@kofc.org

*Pine Cone Council's Newsletter is published bi-monthly  
September to June. James Hunt, Asst.-Editor. Jacob L.  
Mages-Haskins, Editor. Email: jacob.haskins@gmail.com*

**4th degree Pine Cone Assembly #339  
#339 Faithful Officers 2023-2024**

Navigator	Keith Forbes	990-2227
Pilot	Timothy Achorn	478-5956
Captain	Rey Dubois	249-8038
Admiral	Peter Starr	356-8691
Comptroller	Jamie Berube	745-7315
Friar	Fr. Frank Murray	576-0797
Purser	Jeff Schaller	852-1535
Scribe	Jim Fazzino	504.908.2847
Outside Sentinel	Bill Bennett	862-3189
Inside Sentinel	Kenneth E Allen	469-2781
Trustee - 1st Year	Walter Kamyk	951-2177
Trustee - 2nd Year	Dr. John Barry	990-9392
Trustee - 3rd Year	James Landers	947-7458
Color Commander	Russel J Brimmer	433-0313

**Committee Directors 2023-2024**

Program	Peter Starr	356-8691
Community	Jeff Schaller	852-1535
Faith	Jacob Mages-Haskins	209-4242
Family	Edward Hikel	852-7071
Life	Rey Dubois	249-8038
Membership	Chris Hayden	408-1073

**Knights of Columbus  
Pine Cone Council #114  
PO Box 994  
Bangor, ME 04402-0994**